

# SPIRITED FOOD CO.

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## Eclectic Menu

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### Main Courses

#### Herb Roasted Shrimp

Over tomato & onion polenta  
Garlic sautéed spinach and broccoli

#### Thin Sliced Sesame Roasted Pork with Dipping Sauce

Sautéed green beans and steamed Chinese greens  
Mirin marinated carrot & radish pickle

#### Italian Herb Braised Beef and Wild Mushroom Flatbread Pizza

With Sliced squashes, mozzarella, and wilted spinach

#### Braised Cajun Chicken with Cabbage, Celery, and Peppers

Rosemary roasted corn and okra  
Steamed snap peas

#### Pistachio Crusted Chicken Supremes

Three greens with goat cheese and caramelized onions  
Pan roasted parsnips

#### Blue Crab, Shallot, and Fried Green Tomato “Sandwich”

With tangerine/chive sauce

#### Pan Roasted Halibut Gazpacho

With basil oil & tapenade crostini

#### Long Braised Beef

Over lemon & basil risotto